Physical Therapy Allied Health Guide

“Allied health encompasses a broad group of health professionals who use scientific principles and evidence-based practice for the diagnosis, evaluation and treatment of acute and chronic diseases, promote disease prevention and wellness for optimum health, and apply administration and management skills to support health care systems in a variety of settings.” Association of Schools Advancing Health Professions (ASAHP, 2021)

Explore Allied Health Professions

What is Physical Therapy?

Physical therapy is a profession that utilizes expert knowledge in movement to examine clients of all ages and develop treatment plans in order to prevent and/or treat injuries, disabilities, and movement. Physical therapists (commonly shortened to PTs) frequently collaborate with other health professionals to create a comprehensive rehabilitation plan for their clients. Some of their goals include encouraging more healthy, active lifestyles and wellness-oriented programs.

Advanced Degrees

- Entry-Level Doctor of Physical Therapy (DPT)
- PhD in Physical Therapy (typically earned in combination with an DPT)

Undergraduate Prerequisite Coursework*

- Anatomy with Lab
- Physiology with Lab
- Biology I
- Biology II
- General Chemistry I with Lab
- General Chemistry II with Lab
- General Physics I with Lab
- General Physics II with Lab
- Psychology
- Statistics

Professional Associations

American Physical Therapy Association (APTA)
Allied Health Professional Associations for Students

OneHop Allied Health Professions Alumni Group

Join the OneHop Allied Health Professions Alumni Group where current students interested in allied health can connect with alumni allied health professionals:
- Join OneHop using your jhu.edu email address
- Complete your profile
- Search “Allied Health” in Groups to join the conversation!

Potential Workplace Settings to Explore

- Hospitals
- Schools
- Outpatient clinics
- Private practice
- Acute care facilities
- Industrial environments
- Rehabilitation clinics
- Community settings
- Mental health facilities
- Homes

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Advanced Degree Requirements*

- Documented observation hours
- GRE test scores
- References (Academic, Professional, Therapy)

*This is a list of the most frequently required prerequisites. Please see individual program websites for exact requirement information.

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