**INTEGRATIVE HEALTH PRACTITIONER ALLIED HEALTH GUIDE**

"Allied health encompasses a broad group of health professionals who use scientific principles and evidence-based practice for the diagnosis, evaluation and treatment of acute and chronic diseases; promote disease prevention and wellness for optimum health, and apply administration and management skills to support health care systems in a variety of settings." — Association of Schools Advancing Health Professions (ASAHP, 2021)

Explore Allied Health Professions

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**WHAT IS INTEGRATIVE HEALTH?**

Integrative Health and Medicine (or Integrative Health and Wellness) is a unique field that combines expert knowledge from a variety of health professions to create a holistic approach to healthcare and treatment. Certification in integrative health care can be obtained independently of another professional degree or in addition to another professional degree in a health-related field. The goal of integrative health is to combine complementary health approaches (including fields such as nutrition, therapy, acupuncture, narrative health, and chiropractic) to administer the most effective treatment for patients’ and clients’ overall physical and mental well-being. Professionals in this field are lifelong learners who are also flexible and open to collaboration and creativity.

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**ADVANCED DEGREES**

- Master of Arts in Integrative Health
- Master of Science in Integrative Health
- Doctor of Science in Integrative Health
- Doctor of Integrative Medicine

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**UNDERGRADUATE PREREQUISITE COURSEWORK**

- Anatomy + Lab
- Physiology + Lab
- Biology I + Lab
- Intro Psychology
- Abnormal Psychology
- Lifespan Human Development
- Social science electives
- Medical Terminology
- Nutrition
- Biochemistry

*This list covers the most frequently required prerequisites. Please see individual program websites for exact requirement information.

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**PROGRAMS + PROFESSIONAL ASSOCIATIONS**

- Duke Integrative Medicine
- Maryland University of Integrative Health (MUIH)
- Allied Health Professional Associations for Students

**ONEHOP ALLIED HEALTH PROFESSIONS ALUMNI GROUP**

Join the OneHop Allied Health Professions Alumni Group where current students interested in allied health can connect with alumni allied health professionals.

- Join OneHop using your jhu.edu email address
- Complete your profile
- Search “Allied Health” in Groups to join the conversation!

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**POTENTIAL WORKPLACE SETTINGS TO EXPLORE**

- Hospitals
- Schools
- Outpatient clinics
- Private practice
- Acute care facilities
- Industrial environments
- Rehabilitation clinics
- Community settings
- Mental health facilities
- Homes

**ADVANCED DEGREE REQUIREMENTS**

- Graduate Record Exam (GRE test scores)
- References from professional experiences such as research roles or internships
- Letters of recommendation (faculty in related/prerequisite coursework preferred)

*This is a list of the most frequently required admissions requirements. Please see individual program websites for exact requirement information.