ATHLETIC TRAINING
ALLIED HEALTH GUIDE

“Allied health encompasses a broad group of health professionals who use scientific principles and evidence-based practice for the diagnosis, evaluation and treatment of acute and chronic diseases, promote disease prevention and wellness for optimum health, and apply administration and management skills to support health care systems in a variety of settings.” Association of Schools Advancing Health Professions (ASAHP, 2021)

WHAT IS ATHLETIC TRAINING?

Athletic training is a health care profession that utilizes expert knowledge of sports medicine in order to work with athletes on injury (or other medical conditions) prevention and treatment. Athletic trainers most commonly work with athletes at all competition levels and varying ages. They treat injuries, provide therapeutic treatments, and educate players and coaches on healthy and safe living. The options for this field of work are exciting and diverse.

ADVANCED DEGREES

- Master’s of Science in Athletic Training
- Doctorate Degree of Athletic Training

PROFESSIONAL ASSOCIATIONS

- National Athletic Trainer’s Association (NATA)
- Commission on Accreditation of Athletic Training Education (CAATE)
- Allied Health Professional Associations for Students

ONEHOP ALLIED HEALTH PROFESSIONS ALUMNI GROUP

Join the OneHop Allied Health Professions Alumni Group where current students interested in allied health can connect with alumni allied health professionals:
- Join OneHop using your jhu.edu email address
- Complete your profile
- Search “Allied Health” in Groups to join the conversation!

UNDERGRADUATE PREREQUISITE COURSEWORK*

- Biology I with Lab
- Biology II with Lab
- Anatomy with Lab
- Physiology with Lab
- Physics I & II
- Research Methods
- Kinesiology
- Psychology

ADVANCED DEGREE REQUIREMENTS*

- References (Academic, Professional, Trainer)

*This list covers the most frequently required prerequisites. Please see individual program websites for exact requirement information.

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